

Spiritual Healing and Guidance Reading

Sometimes we need a little help to resolve life's issues. Working with my Spirit Counsel through the Universal Life Force Energy, I go beyond the band-aid solution seeking to heal the root of the cause.

Not all our problems stem from this present life. We frequently carry past life problems into the current repeating patterns over and over.

It can be impossible to find the solutions when we haven't even figured out the questions.

Have you experienced one of those 'light bulb moments' when suddenly you are presented with clarity? Or, perhaps you have woken with the solution to a problem that has been niggling. That is the Life Force Energy at work.

I am a Certified Energy Medicine Practitioner, and I am blessed to work with Spirit to provide information to optimise your equilibrium, physical, mental, emotional, and spiritual balance for health and wellness.

I served as a platform worker for ten years providing messages to the congregation through psychometry in a Spiritualist Church affiliated with the Spiritualists National Union.

Why Spiritual Healing?

Spiritual Healing and Guidance Reading helps with:

- Releasing blocks to the subconscious mind to help promote equilibrium
- Breaking down negative habits such as Addiction, Health Abuse, and Childhood Fears
- Releasing old patterns: unsuccessful relationships, repeating mistakes, and emotional frustration
- Please think of me as the road sweeper helping you clear your life path free of the debris that no longer serves a useful purpose
- Overcoming Your self-imposed fears and limitations:
 - Depression
 - Letting go of the past
 - Held grudges
- Raising your auric and physical energy fields:
 - Changing negative thoughts into positive ones
 - Greater access to your Inner Healer and Happiness
- Reaching your potential:
 - Encouraging you to achieve your dreams
 - Enhancing your confidence and beliefs. Improving your health: Facing health challenges effectively.

Working with my spirit guides through the Universal Life Force Energy, I remove discordant energy blocks that stall your well-being and progress, promoting optimum health, wellness, and spiritual guidance.

Your session is an auric reading.

The pendulum acts as a compass, the charts and healing patterns act as a wellness/guidance map. Spirit is the director.

